



Fly Fishing Recommendations

IDAHO RIVER JOURNEYS

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If you don't own your own gear and want to try your hand at fly-fishing, we have rods and reels available. Our crew will help you learn the basic skills, including casting and a few handy knots. You should purchase 12-24 flies and some leaders before your trip. You can buy flies and other items at McCoy's in Stanley, 208-774-3377. You'll find their shop on Ace of Diamonds Street. Ask them to debarb the flies for you. The one thing you absolutely must have is an Idaho fishing license. You can get one in Stanley or by calling 1-800-554-8685.

The following list of tackle and flies will provide some guidelines for fly-fishing Idaho's Middle Fork of the Salmon River. If you already own equipment that is different from what is suggested, please don't feel that you have to buy new gear. You may purchase your fly fishing license by phone at 1-800-554-8685 or in Stanley or Boise.

ROD & REEL

Any fly rod, which is, balanced for line weights 4-7 and lengths 8-9 feet. Make sure the rod is in an unbreakable case. Avoid bringing classic or collector rods. Use a single action fly reel with an adjustable drag system. Avoid automatic reels.

LINES

The basic fly line should be a floating type in a double taper or weight forward. The fly line should be matched with the rod. Behind the fly line should be enough backing (18 to 20 pound test Dacron) to fill the reel.

LEADERS

Most people fly-fishing bring a couple of 4X or 5X leaders, 9 feet in length. Bring a spool of 4 or 5 pound tippet material as well.

WADERS

Hip and chest waders are **not recommended**. Wading shoes with felt soles are convenient, but tennis shoes will be fine.

MISCELLANEOUS EQUIPMENT

Eye protection is very important. We recommend polarized sunglasses for spotting

fish through the reflective glare of water. A lanyard for eyeglasses is recommended to avoid loss. A wide-brimmed hat comes in handy for protection from the elements and the occasional misguided fly.

A small fingernail clipper, or "angler's clipper," is necessary to cut leader material. Bring a pair of small needle nose pliers, or similar tool, for "debarbing" the hooks to make releasing fish easier. **NOTE:** Regulations for the Middle Fork of the Salmon require that all barbs on hooks be flattened.

Dry Fly floatant, spray or grease. Gink, LTP or Mucilin are excellent pastes and Seidel 700 is very good spray. Dry Kote or similar desiccant powders are used in conjunction with the above dressings and will greatly prolong the life of dry flies.

FLIES

Local Idaho shops have a wealth of information about fly selection. McCoy's in Stanley is an outstanding shop and can help with licenses, flies, and other gear. Flies that work well on the Middle Fork include the following:

Parachute Adams*	Irresistible*
Elkhair Caddis*	Stimulator*
Royal Coachmen	Sofa Pillow*
Royal Wulff	Dave's Hopper
Yellow Humpy*	Chernobyl
Black Gnat	

If you are starting out, the flies marked with * would be a good first time selection. Buy three of each, in medium sizes. Ask the shop to debarb them for you. Our recommended fly shops are:

McCoy's Tackle

Box 210
Ace of Diamonds Street
Stanley, Idaho 83278
208-774-3377

Idaho Angler

1682 S. Vista Blvd.
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